

## Daily Schedule

7:30 – 8:30	<b>Meet and Greet:</b> Surround care in morning daycare room
8:30 – 9:00	<b>Breakfast</b>
9:00 – 9:40	<b>Free Play:</b> Children explore the activity areas and build with blocks, play dress-up, choose books to explore, etc.
9:40 – 10:10	<b>Circle Time:</b> Children sit in a large group and discuss the topic of the day. (Greetings, Calendar, Weather, Sing-along, etc.)
10:10 – 11:00	<p><b>Extracurricular Activities:</b> While some children participate in extracurricular activities, others play freely in the activity areas while waiting for their turn.</p> <ul style="list-style-type: none"> <li>- Art Class - Monday</li> <li>- Ballet Class - Tuesday</li> <li>- Taekwondo/Art Class - Wednesday</li> <li>- Music Class - Thursday</li> <li>- Chapel - Friday</li> </ul> <p>*Extracurricular Activities' schedule may change from time to time</p>
11:00 – 11:30	<b>Outdoor Play:</b> Children participate in active play outdoors
11:30 – 11:40	<b>Wash up for Lunch</b>
11:40 – 12:30	<b>Lunch:</b> Children participate in food preparation, serving and clean-up. Family style meals are a great way to expose children to social skills, mathematics and language skills.
12:30 – 1:00	<b>Story time:</b> Explore books, rhymes and storytelling <b>Brushing Teeth</b> (get ready for nap)
1:00 – 3:00	<b>Rest Time</b> (Soothing music, lowlights)
3:00 – 3:20	<b>Clean Up, Hair Brushing</b>
3:20 – 3:40	<b>Snack:</b> Children participate in snack preparation, hand washing, serving and clean-up.
3:40 – 4:40	<b>Outdoor Play:</b> Children participate in outdoor activities and experience nature in play.
4:40 – 5:30	<b>Discovery Time/ Activities</b> (Art, Language, Math, Science, Social-Emotional)
5:30 – 6:30	<b>Music Closing Time</b>

\* This schedule is a sample of our overall preschool program. Each classroom has its own schedule based on this time-table.